

MYCTERIA

# Canapé Sanapé Sanapé Bowls

INSPIRED BY THE 2,000-MILE JOURNEY OF THE STORK,
OUR DYNAMIC PAN-AFRICAN CUISINE SHOWCASES THE
MIGRATION OF AFRICAN CULINARY INSPIRATION TO
NEARLY EVERY CONTINENT IN THE WORLD.



### Canapé Menu

60pp | Please select 5 items from the canapé section & 3 items from the bowls section.

### Canapés

### Callaloo Puff

Callaloo leaves, pepper and onion filled vol-au-vent G | VE

### Ackee Tartelete

Bite size warmly spiced Caribbean ackee with a smooth scallion and sweet pepper medley

GIVE

### Ras El Hanout Lamb Beignet

Slowly braised lamb coated in panko breadcrumbs and fried C | MU | L | E | G | SO | D

### Lamb Dibi Taco

Pulled lamb shoulder marinated with our signature jerk recipe, served with red cabbage and mustard mayo G | S U | E | M U

### Yam Coin

Sweet Potato Ketchup and Wild Rice
- Crunchy outer layer with soft and
creamy yam and sweet
potato centre

VF

### Jerk Chicken Oysters

Tender slice of chicken oyster, marinated with our signature suya spice with pickled shallots and aioli C|E|MU|N|SO|SU

### Miso Glazed Seared Salmon Skewer

Charred & served with Harissa Mayo

### Salted Fish and Yam Cake

Traditionally wind & sun dried cod mixed yam and fried CR | F | C | MU | G

## Jerk Chicken Wings Pimento Emulsion

Chicken wing marinated our signature jerk recipe SU|E|MU|C|SE|SO

#### Coconut Profiterole

Filled with coconut sorbet

G | D | E

### Puff Puff Sundae

Raspberry & peanut snap
NIGIVE

### Rum Soaked Malva Pudding Cinnamon Filo

A sweet and moist cake from South Africa L|G|SU|E|D

> Mango Parfait with Mandarin Sorbet E|D|G

### Bowls

### Seabass on a bed of Spinach Egusi Stew

Seabass fillet on a bed of wild herbs, spinach and melon seed stew C | CR | F | SH

### Dibi Lamb Cutlet

Dibi Lamb is a flavoursome Senegalese dish of charred cutlet served with caramelised onions N I CR I MU

### Coconut and Pumpkin Rundown

Slowly simmered Jamaican vegetable curry including butternut squash, dasheen and cho cho.
Finished with a mild and elegant coconut infusion

GIVE

#### Chicken and Nkatenkwan

Signature Ghanaian stew with a peanut paste base, enhanced with seasonal okra & a quail egg on a bed of fragrant rice

C | N | E | SO

### Wild Mushroom on a bed of Nigerian Equsi Stew

A medley of sauté wild mushrooms on a bed of wild herbs, spinach and melon seed stew, served with pounded yam

C | N | E | SO

### Mac N Cheese

Creamy and spiked with scotch bonnet G | D | MU | E

### Ribeye of Beef Suya

Full flavoured prime slice of marbled ribeye of beef strips marinated with our signature suya spice, served on jollof rice

N | CR | M | SU | SO | E

### Shallow Fried Red Snapper

Served with classic red red stew, plantain, tomato confit, black eyed beans and finished with avocado

F | C

### Chicken Suya

Tender thigh marinated with our signature suya spice, served on jollof rice

N | CR | M | SU | SO | E

#### ALLERGENS AND DIETARY REQUIREMENTS

F - FISH | C - CELERY | N - NUTS | MU - MUSTARD | SU - SULPHATE | CR - CRUSTACEANS | SH - SHELLFISH

SE - SESAME | MO - MOLLUSCS | L - LUPIN | E - EGGS | G - GLUTEN | SO - SOY | D - DAIRY | VEGAN - VE | VEGETARIAN - V